

River Falls Nutrition Program August 2018 Menu

119 Union Street - 715-425-9932

Serving Monday – Friday

*****Due to circumstances beyond our control, menu changes may occur from time to time*****

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: center;">Suggested Donation for: Congregate Dining: \$5.00 per meal Home-delivered Meals: \$6.50 per meal Please pay as much as you can afford, as we rely on donations from participants to keep the program going.</p>		1 Oven Roasted Turkey Mashed Potatoes w/ gravy Green Bean Casserole Chef's Choice Fruit Dinner Roll Dessert	2 Cheesy Goulash Island Blend Veggies Chef's Choice Fruit Garlic Bread Dessert	3 Crispy Fish Au Gratin Potato Fresh Asparagus Chef's Choice Fruit Dinner Roll Dessert
6 Cheeseburger on bun Carrots Pasta Salad Chef's Choice Fruit Dessert	7 Beef Stroganoff Buttered Noodles Green Beans Chef's Choice Fruit Bread Stick Dessert	8 Seasoned Baked Chicken Mashed Potatoes w/ gravy Country Blend Veggies Chef's Choice Fruit Dinner Roll Dessert	9 Lasagna Squash Chef's Choice Fruit Garlic Bread Dessert	10 Baked Salmon Baked Potato Broccoli Chef's Choice Fruit Garlic Biscuit Dessert
13 Corned Beef Boiled Red Potatoes Cooked Cabbage & Carrots Chef's Choice Fruit Dinner Roll Dessert	14 Chicken Cordon Bleu Au Gratin Potato Island Blend Veggies Chef's Choice Fruit Garlic Biscuit Dessert	15 Pot Roast Mashed Potatoes w/ gravy Fresh Asparagus Chef's Choice Fruit Dinner Roll Dessert	16 Spaghetti & meat sauce Country Blend Veggies Chef's Choice Fruit Garlic Bread Dessert	17 Seafood Alfredo California Blend Veggies Chef's Choice Fruit Bread Stick Dessert
20 Orange Chicken Fried Rice Stir Fry Veggies Chef's Choice Fruit Egg Roll Dessert	21 Homestyle Meatloaf Mashed Potatoes w/ gravy Corn Chef's Choice Fruit Dinner Roll Dessert	22 Honey Glazed Ham Sweet Potatoes Peas Chef's Choice Fruit Bread Slice Dessert	23 French Toast Sticks Scrambled Eggs Bacon/Sausage Fried Potatoes Chef's Choice Fruit Dessert	24 Lemon Pepper Cod Au Gratin Potatoes Green Beans Chef's Choice Fruit Bread Slice Dessert
27 Chicken Tetrizzini 5 Way Blend Veggies Chef's Choice Fruit Bread Stick Dessert	28 Beef Tips White Rice Peas Chef's Choice Fruit Garlic Biscuit Dessert	29 Bacon Wrapped Pork Chop Baked Potato Green Beans Chef's Choice Fruit Dinner Roll Dessert	30 Smothered Chicken Fried Potatoes Carrots Chef's Choice Fruit Bread Slice Dessert	31 Potato Crunch Pollock Baked Potato Country Blend Veggies Chef's Choice Fruit Dinner Roll Dessert

